

# How Your Brain Communicates With Your Body

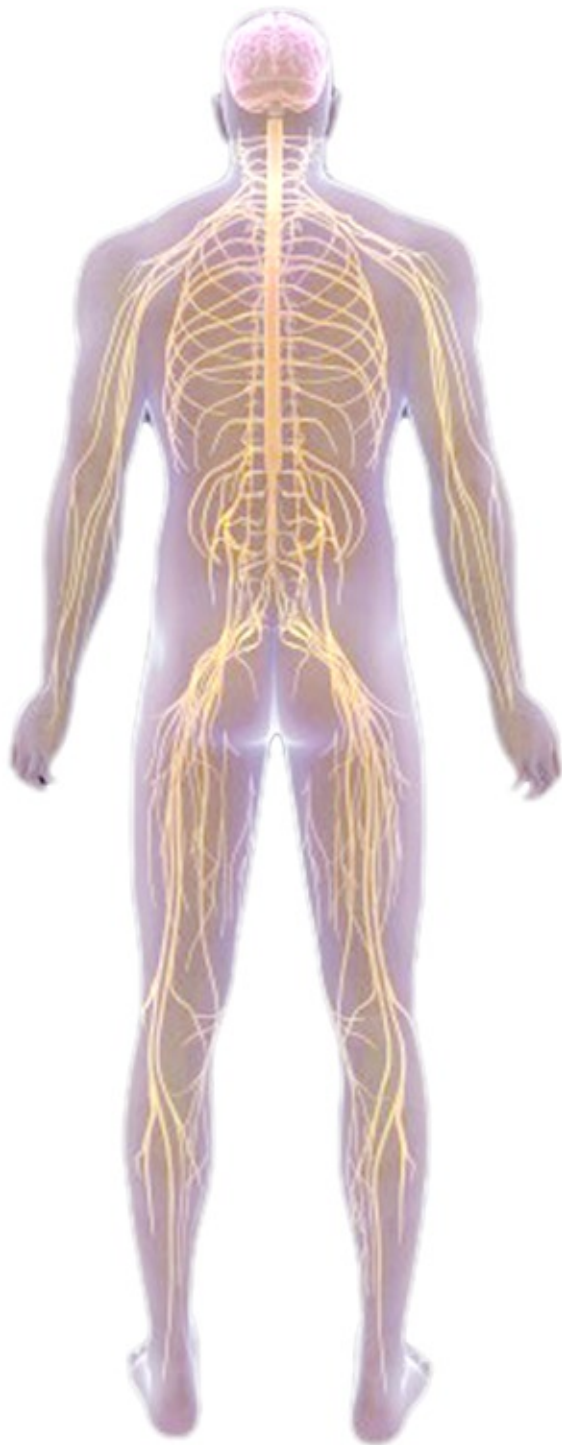


HOLZMACHER

CHIROPRACTIC

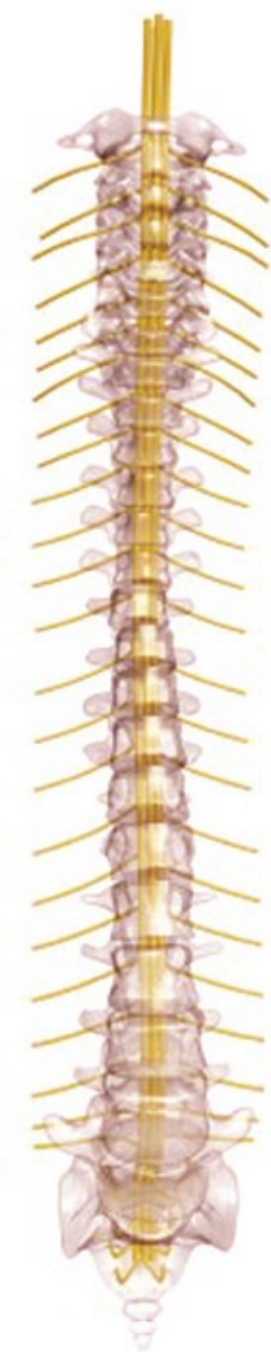
*at the Springfield Chiropractic Plaza*

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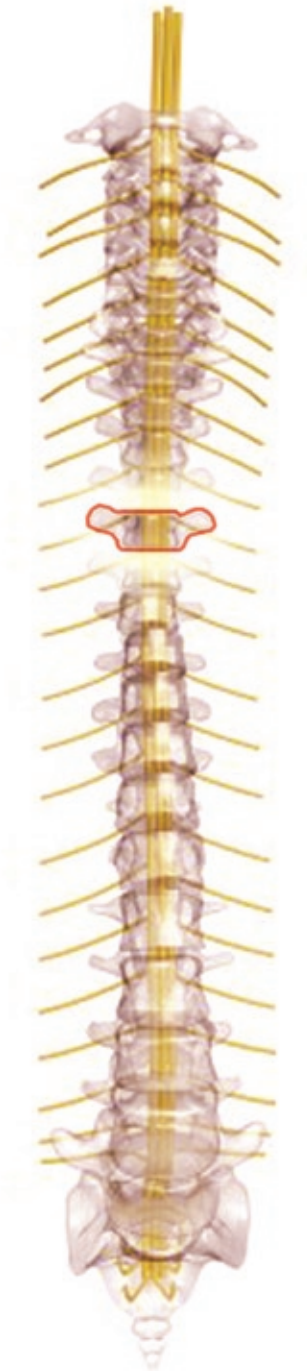
## Your Nervous System

The central nervous system is comprised of the brain and spinal cord. All nerves that run throughout the human body branch out from the spinal cord.



## Your Spinal Column

The spinal cord is protected by the spinal column or “back bone.” This spinal column is made up of twenty-four individually moving bones called vertebrae.

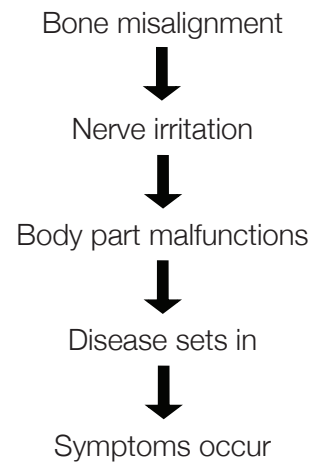


## Nerve Interference

When one or more vertebrae shift out of alignment nerve irritation can result. The body part supplied by the irritated nerve will now begin to malfunction.



## The Disease Process



Just treating the symptoms does not address the cause of the problem.